



# Solution Focused Change & Transition Masterclass

Online – Live and Interactive from our Film Studio



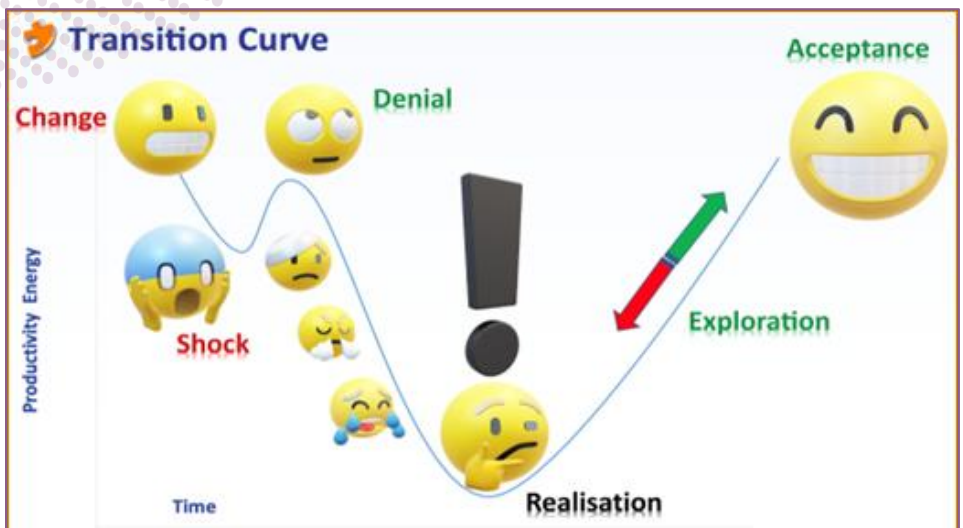
For more information or to book contact Solution Focused:  
**0330 002 1101** or **[info@solution-focused.co.uk](mailto:info@solution-focused.co.uk)**



# What will you learn?

- Why people react negatively to change (in general)
- Why and how change and transition reduces productivity (and how to avoid this)
- Understand the 5 key stages of change and transition
- Apply the 3 key “must haves” to navigate through change effectively
- Avoid “Psychological Contact” breaks
- How to apply the 8 Steps for successful team or organisational change
- The opportunity to win a free half day development session for your business

## How do you navigate your transition curve?



# Who is the ideal delegate?

This Solution Focused event is for anyone that is affected by or leads change within your organisation. This event will equip delegates with the tools and techniques to navigate successful, productive change and transition.

## Masterclass Investment

**This great learning opportunity is only £105+vat per person**

**This includes:**

- 3 Hours of Solution Focused Development
  - Slides (once the session is complete)
- Access to Solution Focused Online Resources and Weekly Focus
- An opportunity to win 3 hours of free training for your organisation

We are excited to offer this online Solution Focused Masterclass that is far from a boring webinar! These classes will be run live and interactive from our film studio to provide an engaging and interactive experience.

**(link will be provided)**

# The Solution Focused Approach

The Solution Focused approach has been developed over many years and is based on Solution Focused brief therapy.

This approach aims to help understand and change an individual's thinking, engaging their powerful emotions/chemicals to adopt new and improved solution focused actions & behaviours. This helps the individual, group or organisation to achieve maximum success

## Much More Development:

- Peak Performance
- Leadership Development
- Management Development
- Executive Coaching
- High Performing Teams
- Change & Transition
- Psychological Safety
- Organisational Development
- Team Dynamics
- Business Consulting
- Problem Solving
- Targets/KPI's & Motivation
- Conflict Resolution
- Customer Service

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“Solution Focused had a massive impact on our organisation and enabled us to achieve both our business targets and personal goals. We would highly recommend engaging with Solution Focused”

**Kate Markham, Hiscox Insurance**

